### Important

Sepsis is life threatening. It can be hard to spot.

If you think you or someone you look after has symptoms of sepsis, call 999 or go to A&E. Trust your instincts.

### Immediate action required: Call 999 or go to A&E if an adult or older child has any of these symptoms of sepsis:

* acting confused, slurred speech or not making sense
* blue, pale or blotchy skin, lips or tongue
* a rash that does not fade when you roll a glass over it, the same as [meningitis](https://www.nhs.uk/conditions/meningitis/)
* difficulty breathing, breathlessness or breathing very fast

They may not have all these symptoms.