 *Competition*  

*PROMOTE HEALTHY EATING*

**

*@ Grange Interlink, Summerville Road, Bradford. BD7 1PX*

Courtesy

***Grange Medical Centre***

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*WIN*

*PRIZES*

*EVENTS HAPPENING ON Thursday 28th July and*

*Thursday 25th August 2022*

*11AM – 1PM*

***Help children understand the importance of reducing salt levels and portion control in order to prevent blood pressure and diabetes levels from rising***

***Free of Charge***

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***The eat well plate***

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