### Important

Sepsis is life threatening. It can be hard to spot.

If you think you or someone you look after has symptoms of sepsis, call 999 or go to A&E. Trust your instincts.

**Call 999 or go to A&E if a baby or young child has any of these symptoms of sepsis:**

* blue, pale or blotchy skin, lips or tongue
* a rash that does not fade when you roll a glass over it, the same as [meningitis](https://www.nhs.uk/conditions/meningitis/)
* difficulty breathing (you may notice grunting noises or their stomach sucking under their ribcage), breathlessness or breathing very fast
* a weak, high-pitched cry that's not like their normal cry
* not responding like they normally do, or not interested in feeding or normal activities
* being sleepier than normal or difficult to wake

They may not have all these symptoms.